

# NCIL HANDBOOK

Northern Colorado Independent League Sports Regulations

Updated

5/13/25

**Ascent Classical Academy**

**Dayspring Christian Academy**

**Heritage Christian Academy**

**Immanuel Lutheran School**

**Knowledge Quest Academy**

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**West Ridge Academy**

**Windsor Charter Academy**

## **Ascent Classical Academy of Northern Colorado**

6402 S County Rd 5, Windsor, CO 80528

**Phone:** 970-545-6650

**Athletics Director:** Alex Rump arump@ascentclassical.org

**School Colors:** Navy and Grey

**Mascot:** Archers

## **Dayspring Christian Academy**

3734 W. 20<sup>th</sup> St. Greeley, Colo. 80634

**Phone:** 970-330-1151 / **Fax:** 970-330-0565

**Website:** www.dayspringeagles.org

**Athletic Director:** Harley Lowe; hlowe@dayspringeagles.org

**School Colors:** Royal Blue and White **Mascot:** Eagles

## **Heritage Christian Academy**

2506 Zurich Drive Fort Collins, CO 80524

**Phone:** (970) 494-1022

**Website:** www.heritagechristian.info

**Athletic Director:** Joe Packard; jpackard@heritaagechristian.info

**School Colors:** Green and Black

**Mascot:** Eagles

## **Immanuel Lutheran School**

4650 Sunview Dr., Loveland, CO 80538

**Phone:** (970) 667-7606

**Website:** www.Immanuelloveland.org

**Interim Athletic Director:** Kate Lippert; klippert@immanuelloveland.org

**School Colors:** Maroon and White

**Mascot:** Crusader

## **Knowledge Quest Academy**

705 South Schoolhouse Drive, Milliken, CO 80543

**Phone:** (970) 587-5742 **Website:** www.kqatrailblazers.org

**Athletic Director:** Isaac Korgan [korgan3bs@gmail.com](mailto:korgan3bs@gmail.com)

**School Colors:** Maroon and White **Mascot:** Trailblazers

## **Loveland Classical Schools**

3015 W. 29<sup>th</sup> Street, Loveland, CO 80538

**Phone:** 970-541-1507 **Website:** Lovelandclassical.org

**Athletic Director:** Matthew Begeman; mbegeman@lovelandclassical.org

**School Colors:** Maroon, Grey, White, and Light Blue **Mascot:** Lions

## **Ridgeview Classical Schools**

1800 S. Lemay Ave. Fort Collins, CO 80525

**Phone:** (970) 494-4620 / **Fax:** (970) 494-4625 **Website:** www.RidgeviewClassical.com

**Athletic Director:** Whitney Grace, wgrace@ridgeviewclassical.org

**School Colors:** Navy and Gold

**Mascot:** Hoplites

## **Saint John the Evangelist Catholic School**

1730 West 12th Street Loveland, CO 80537

**Phone:** (970) 635-5830 **Website:** <http://school.saintjohns.net/>

**Athletic Director:** Chris Michael; cmichael@saintjohns.net

**School Colors:** Navy Blue and White **Mascot:** Eagles

## **Saint Joseph Catholic School**

127 N. Howes St. Fort Collins, CO 80521

**Phone:** (970) 484-1171 / **Fax:** (970) 482-5291

**Website:** [www.stjosephchurchfc.org/School.html](http://www.stjosephchurchfc.org/School.html)

**Athletic Director:** Megan Clavenna; [mclavenna@gosaintjoseph.org](mailto:mclavenna@gosaintjoseph.org)

**School Colors:** Green and White      **Mascot:** Cougar

## **Saint Mary Catholic School**

2351 22nd Ave. Greeley, CO 80631

**Phone:** (970) 353-8100 / **Fax:** (970) 353-8700

**Website:** [www.stmarycs.net](http://www.stmarycs.net)

**Athletic Director (Girls):** Jolene Manternich [jolenemanternach24@gmail.com](mailto:jolenemanternach24@gmail.com)

**Athletic Director (Boys/Track):** Jeanne Wischer [jeanne.wischer@stmarycs.net](mailto:jeanne.wischer@stmarycs.net)

**School Colors:** Blue and White      **Mascot:** Angels

## **Union Colony Preparatory School**

2000 Clubhouse Drive Greeley, CO 80634

**Phone:** (970) 637- 4546 / **Fax:** (970) 330- 7604

**Website:** [www.unioncolonyschools.org/](http://www.unioncolonyschools.org/)

**Athletic Director:** William Marble; [wmarble@unioncolonyschools.org](mailto:wmarble@unioncolonyschools.org)

**School Colors:** Navy and Silver      **Mascot:** Timber Wolf

## **West Ridge Academy**

6905 8<sup>th</sup> Street. Greeley, CO 80634

**Phone:** (970) 330-3671/ **Fax:** (970) 330-3679 **Website:** [www.wrak8.org](http://www.wrak8.org)

**Athletic Director:** Autum Chubb [achubb@wrak8.org](mailto:achubb@wrak8.org)

**School Colors:** Navy and White      **Mascot:** Warriors

## **Windsor Charter Academy**

810 Automation Dr., Windsor, CO 80550

**Phone:** (970) 833-5190 / **Fax:** (877)594-4749

**Website:** [www.windsorcharteracademy.org](http://www.windsorcharteracademy.org)

**Athletic Director:** Chris West [chris.west@windsorcharteracademy.org](mailto:chris.west@windsorcharteracademy.org)

**Athletics Secretary:** Jaime Boyle [jaime.boyle@windsorcharteracademy.org](mailto:jaime.boyle@windsorcharteracademy.org)

**School Colors:** Green, White, and Navy      **Mascot:** Firebirds

# Sports Regulations

## 1. Seasons - The NCIL will follow the CHSAA 2 year cycle

### 1.1. Fall

#### 1.1.1. Soccer for Boys

- 1.1.1.1. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
- 1.1.1.2. Open gym may be held at the discretion of the school.
- 1.1.1.3. Tournaments will begin immediately following the end of the season.
- 1.1.1.4. Tournament play will begin at 4 pm, with both ADs present, unless discussed previously by both ADs.
- 1.1.1.5. All participating ADs must be present at the championship, unless a school representative is sent.
- 1.1.1.6. If an AD or school representative is not present for the post season tournament, their school will be subject to a \$50 fine payable to the league per offense.

#### Volleyball for Girls

- 1.1.2. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
  - 1.1.3. A Gold and Silver Championship will begin immediately following the end of the season.
  - 1.1.4. Each tournament will be played at a single location with both AD's present for their matches, unless discussed previously by both.
  - 1.1.5. If an AD or school representative is not present for the post season tournament, their school will be subject to a \$50 fine payable to the league per offense.
  - 1.1.6. Each tournament site will be overseen by a game day manager.
- #### 1.1.7. Basketball for Boys
- 1.1.7.1. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
  - 1.1.7.2. Tournaments begin immediately following the end of the season. The high seed will host for both Gold and Silver brackets.
  - 1.1.7.3. Tournament play will begin at 4pm, with both AD's or school representatives present, unless discussed previously by both AD's.
  - 1.1.7.4. If an AD or school representative is not present for the post season tournament, their school will be subject to a \$50 fine payable to the league per offense.

#### 1.1.8. Cross Country for Boys and Girls

- 1.1.8.1. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
- 1.1.8.2. Schools will be responsible for building
- 1.1.8.3. their own schedule though Colorado MileSplit.
- 1.1.8.4. Middle school championships may be combined with high school leagues.
- 1.1.8.5. All participating ADs must be present at the championship, unless a school representative is sent.
- 1.1.8.6. If an AD or school representative is not present for the championship meet, their school will be subject to a \$50 fine payable to the league per offense.

### 1.2. Winter

#### 1.2.1. Basketball for Girls

- 1.2.1.1. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
- 1.2.1.2. Tournaments begin immediately following the end of the season. The high seed will host for both Gold and Silver brackets.

- 1.2.1.3. Tournament play will begin at 4 pm, with both ADs or a school representative present, unless discussed previously by both ADs.
- 1.2.1.4. If an AD or school representative is not present for the post season tournament, their school will be subject to a \$50 fine payable to the league per offense.

### **1.3. Spring**

#### **1.3.1. Track for Boys and Girls**

- 1.3.1.1. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
- 1.3.1.2. A final NCIL track meet will immediately follow the season.
- 1.3.1.3. The season will end approximately the 1st or 2nd week of May.
- 1.3.1.4. All participating ADs must be present at the championship, unless a school representative is sent.
- 1.3.1.5. Each school will be responsible for providing trained volunteers to assist with the running of the meet. Responsibilities will be determined at the start of each season.
- 1.3.1.6. Meet Director is responsible for ensuring adequate instructions are given.

#### **1.3.2. Soccer for Girls**

- 1.3.2.1. Official practices will be held 5 days before the first contest, but no more than 10 days beforehand.
- 1.3.2.2. Open gym may be held at the discretion of the school.
- 1.3.2.3. Tournaments will begin immediately following the end of the season.
- 1.3.2.4. Tournament play will begin at 4 pm, with both ADs present, unless discussed previously by both ADs.
- 1.3.2.5. All participating ADs must be present at the championship, unless a school representative is sent.
- 1.3.2.6. If an AD or school representative is not present for the post season tournament, their school will be subject to a \$50 fine payable to the league per offense.

## **2. Game Schedule**

- 2.1. Game schedules will be built by the Commissioner at the start of each 2 year cycle.
  - 2.1.1. B game starts at 4 pm. A game starts after the B game or at 5 pm. Do not start game early unless prior discussion.
  - 2.1.2. C games may be scheduled at the discretion of Athletic Directors and will begin upon an agreed upon time.
- 2.2. The NCIL will be responsible for obtaining an Official Assignor. The Official Assignor will arrange officials for Girls' Volleyball and Girls' and Boys' Basketball. Individual schools are required to obtain officials for soccer.
- 2.3. Each school will be responsible for submitting their individual schedules to the officials' assignor and Website Manager. Fall schedules should be submitted in May of the prior school year. Winter schedules should be submitted in August of the current school year. Spring schedules should be submitted in December of the current school year.

## **3. Eligibility & Team Structure**

- 3.1. Teams shall be comprised of students in grades 5-8.
- 3.2. Teams shall be arranged according to skill level.
  - 3.2.1. A team (higher skill level)
  - 3.2.2. B team (lower skill level)
  - 3.2.3. C team (fundamental skill level)
- 3.3. Academic eligibility is decided by each respective school's individual policy.
- 3.4. A player that is on the starting roster for the A team should not play on the B team unless agreed upon by both coaches. B team players can float up to A team. C team players may float up to B team.

## 4. Game Format and Rules

### 4.1. Soccer - Boys and Girls

- 4.1.1. A team: 35 minute halves, with 10 minute half-time (11 v 11, unless otherwise predetermined). B team: 30 halves, unless otherwise predetermined by ADs (ie. 7 v 7, or one 30 min. half)
- 4.1.2. Regular season will end in a tie.
- 4.1.3. Overtime during the tournament - two 5-minute 'Golden Goal' periods (max); First shoot-out must occur with 5 players who were on the field at the end of the 2nd overtime period. If a tie remains, the shootout will continue, **one player at a time**, from both teams until one team has scored and the other team has not.
- 4.1.4. Visiting team will shoot first, home team will shoot second.
- 4.1.5. No football cleats or metal cleats of any kind.
- 4.1.6. Sub in on your own throw in, any corner kicks and any goal kicks or if the other team subs on their throw in.
- 4.1.7. There must be a minimum of two certified referees at the game.
- 4.1.8. **Mercy Rule:** When the winning team is ahead by 10 goals the game will end. One half of play must be played before the game can be called. Decision to continue playing after a Mercy Rule must be made before the game begins, in coordination with the officials. Schools should follow the sportsmanship etiquette of playing their lower end of the bench as the point differential increases.
- 4.1.9. If a bylaw is not covered herein, the NCIL will follow NFHS rules.
- 4.1.10. End of the season champions will be determined by a single elimination tournament.
- 4.1.11. Schools with only one team will play at the A Team Level.
- 4.1.12. In lieu of a game being unable to be rescheduled and the host team to provide reasonable reschedule dates and accommodations, the school unable to attend will forfeit.
  - 4.1.12.1. In exigent circumstances, ADs will vote to determine the outcome.

### 4.2. Volleyball - Girls

- 4.2.1. B team plays before A team,
- 4.2.2. C games may be scheduled at the discretion of Athletic Directors and will begin upon an agreed upon time.
- 4.2.3. A and B Matches will begin with a 4-4-2 warm up. Visiting team gets the court for 4 minutes, Home team get the court for 4 minutes, and both teams serve for 2 minutes
- 4.2.4. All Matches
  - 4.2.4.1. Best 2 out of 3 games.
  - 4.2.4.2. 1st two games rally to 25 with cap of 30 points.
  - 4.2.4.3. 3rd game is rally to 15 with a cap of 20 points.
- 4.2.5. Net height will be set at 7 feet, 4 inches.
- 4.2.6. B games can have student line judges, A game should be a high school student or older.
- 4.2.7. Any court conversations, such as teams yelling, "Balls Up" is limited to the players. The determination of the sportsmanship of this will be reliant on the game day manager in conjunction with the officials.
- 4.2.8. End of the season champion will be determined by a single elimination tournament with two qualified officials.
- 4.2.9. Teams have the option of using a Libero in their lineup. Teams that use a Libero must provide their own tracking official. The Libero also must wear a different color uniform than the other players.
- 4.2.10. Schools with only one team will play at the A Team Level.
- 4.2.11. In lieu of a game being unable to be rescheduled and the host team to provide reasonable reschedule dates and accommodations, the school unable to attend will forfeit.
  - 4.2.11.1. In exigent circumstances, ADs will vote to determine the outcome.

### 4.3. Basketball - Boys and Girls

- 4.3.1. A team - 6 minute quarters stop clock; 6 minute half-time
  - 4.3.1.1. Overtime period will be three (3) minutes. Time-outs and fouls carry over and each team will receive one additional full timeout. A team will play until there is a winner.
- 4.3.2. B team - 8 minute quarters, running clock, stop clock last minute 4th quarter within 10 points, 6 minute half-time.
  - 4.3.2.1. Stop clock only during large substitutions, timeouts, and after the shooting foul is reported by referee until the shooter is given the ball on the final shot.
  - 4.3.2.2. Overtime period is optional and will be three (3) minutes. Time-outs and fouls carry over and each team will receive one additional full timeout. B team will only play 1 overtime and end in a draw unless participating teams agree upon more.

- 4.3.3. Boys will use men's ball (29.5 Circumference/size 7).
- 4.3.4. Girls use women's (intermediate) ball (28.5 Circumference/size 6).
- 4.3.5. Each team is allowed three full time outs and two 30 second timeouts.
- 4.3.6. No Pressing allowed by the team ahead by 15 points or more (Does not apply to semi-finals and finals.)
- 4.3.7. When a team is leading by 30 points or more; there will be a running clock in the 2nd half unless discussed with coaches and officials.
- 4.3.8. It is recommended that players should play not more than 6 total quarters between the A, B, and C game combined. A coach may play a player for more than 5 quarters, if he or she feels as it is necessary due to low numbers. The purpose of the B/C game is for player development. It should not be a priority for any program to win the B or C game.
- 4.3.9. If there is no B team or there are too many players a 5th quarter (8 minute running clock) is allowed, or otherwise predetermined. Extra quarter has no bearing on the game outcome.
- 4.3.10. Schools with only one team will play at the A Team Level unless agreed upon by A.D.s and League
- 4.3.11. In lieu of a game being unable to be rescheduled and the host team to provide reasonable reschedule dates and accommodations, the school unable to attend will forfeit.
  - 4.3.11.1. In exigent circumstances, ADs will vote to determine the outcome.

#### **4.4. Track & Field - Boys and Girls**

- 4.4.1. Running Events offered will be as follows:
  - Girls 1600 meter run/ Boys 1600 meter run
  - Girls 100 meter hurdles (30 inches)/ Boys 110 meter hurdles (33 inches)
  - Girls 100 meter dash/ Boys 100 meter dash
  - Girls 800 meter relay/ Boys 800 meter relay
  - Girls 400 meter relay/ Boys 400 meter relay
  - Girls 400 meter dash/ Boys 400 meter dash
  - Girls 800 meter run/ Boys 800 meter run
  - Girls 200 meter hurdles (30 inches)/ Boys 200 meter hurdles (33 inches)
  - Girls 200 meter dash/ Boys 200 meter dash
  - Girls 1600 relay / Boys 1600 relay
- 4.4.2. Track Events offered will be as follows:
  - Discus (1 kg)
  - Shot: boys (8 lbs.) / girls (6 lbs.)
  - Long Jump
  - Triple Jump
  - High Jump
- 4.4.3. Individual competitors may compete in a total of 4 events including finals. Each athlete may participate in 4 events total (track, field, or relay combination) Each school has a maximum of six athletes per event at each meet, with the exception of the high jump and 1600 m run.. Each school has a maximum of three athletes per event at the finals. Athletes are limited to 4 events for finals. Field events will have three trials and no finals during both the regular season and championship.

#### **4.5. Cross Country - Boys and Girls**

- 4.5.1. At the end of the season the NCIL will host a championship meet for participating schools only.
- 4.5.2. The Boys' and Girls' Team Champions will be determined by the scoring of the first 4 athletes to finish.
- 4.5.3. Medals will be awarded to the top 10 boys and girls.

## **5. End of the Season**

### **5.1. Tournaments**

- 5.1.1. Teams will be split into two brackets if there are more than 8 participating teams. The Gold Bracket will be for the top half of the teams and the Silver Bracket will be for the bottom half of the teams.
  - 5.1.1.1. Teams will be determined based on their records. Tie breakers will be determined based on head-to-head comparisons.
  - 5.1.1.2. If there are an odd number of teams in the tournament, if the middle seed team is 500 or above, it will be seeded in the Gold division tournament. If the middle seed team is below 500, it will be seeded in the silver division tournament.
  - 5.1.1.3. Individual Sport Commissioner may propose a reasonable exception to Rule 5.1.1.2 to split brackets subject to AD vote.

- 5.1.2.** Tournaments – all tournaments will be single elimination.
- 5.1.2.1.** Volleyball tournament will be a single day tournament at the end of the season location will be determined by ADs prior to the championship.
- 5.1.2.2.** Basketball and soccer tournaments will be played over several days depending on the type of bracket.
- 5.1.2.3.** Track and cross country championships will be determined during a single day competition at the end of the season.
- 5.1.2.4.** The league will reimburse for facility fees for the volleyball tournament.

# Sportsmanship

## Sportsmanship Traits

- Respect is showing high regard for coaches, officials, opponents, fans, administrators, self, team, and the school you are representing.
- Responsibility is being dependable in carrying out obligations and duties, showing reliability and consistency in words and conduct, and being accountable for your actions.
- Self-Control is demonstrating hard work and commitment to purpose, regulating yourself for improvement and refraining from inappropriate behaviors, maintaining composure at all times and doing your best in all situations
- Integrity is having the inner strength to be fair and courteous during athletic events, doing the right thing when others don't, to play according to the rules, acting positively and honorably not only to your team, but to your opponent
- Perseverance is being persistent in pursuit of worth objectives in spite of opposition, difficulty, injuries, handicaps or discouragement and exhibiting patience and having the fortitude to try again when confronted with mistakes or failures
- Cooperation is working together, being considerate and courteous to the opposing team and officials, following the rules, understand that to be successful we must all work together in achieving our common goals
- Citizenship setting priorities in agreement with league and team rules, leading others to follow and abide by these rules, being a good student/athlete by maintaining good grades and being a good role model.

## What is sportsmanship?

Good sportsmanship is viewed by the National Federation of State High School Associations as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others:

- Play fair, take loss or defeat without complaint or victory without gloating
- Treat others as you wish to be treated
- Respect others and one's self and facilities.
- Impose self-control, be courteous, and gracefully accept the results of one's actions
- Display ethical behavior by being good (character) and doing what is right (action)
- Be a good citizen.

# “High Fives” To Sportsmanship

## Everyone’s “high five”

1. Show respect for the opponent at all times. The opponent should be treated as a guest, greeted cordially on arriving, given the best accommodations and accorded the respect, honesty and generosity which all people deserve.
2. Show respect for the officials. The officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Sportsmanship implies the willingness to accept and abide by the decisions of the officials.
3. Know, understand, and appreciate the rules of the contest. A familiarity with the current rules of the games and the recognition of their necessity for a fair contest is essential. Good sportsmanship consists of conforming to the spirit as well as the letter of the rules.
4. Maintain self-control at all times. A prerequisite of sportsmanship requires one to understand his own bias or prejudice and the ability to prevent the desire to win from overcoming rational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized. Sportsmanship is concerned with the behavior of all involved in the game.
5. Recognize and appreciate skill in performance regardless of affiliation. Applause for a good performance is a demonstration of generosity and good will.

## Coaches “high five”

1. Always set a good example for participants and fans to follow, exemplifying the highest moral and ethical behavior.
2. Teach good sportsmanship and establish high standards for the athletes, parents, and fans.
3. Develop and enforce penalties for participants who do not abide by sportsmanship standards.
4. Treat opposing coaches, participants, and fans with respect. Shake hands with officials and opposing coaches.
5. Teach the value of honest effort in conforming to the spirit as well as the letter of the rules.

## Student-Athletes “high five”

1. Accept seriously the responsibility and privilege of representing your school and community; display positive public action at all times.
2. Treat opponents with the respect that is due them as guests and fellow athletes.
3. Exercise self-control at all times, accepting decisions and abiding by them.
4. Accept both victory and defeat with pride and compassion, never being boastful or bitter.
5. Live up to the high standards of sportsmanship established by your coaches and help fellow athletes and fans maintain these standards.

## Parents, Students, and Other Fans “high five”

1. Realize that it is a privilege to observe a contest and support your school activities, not a license to verbally assault others.
2. Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.
3. Recognize and acknowledge good performances by athletes on either team.
4. Give support to those participating in , conducting, and/or officiating the athletic event.
5. Respect the judgment and strategy of the coach.

## Spirit Squads “high five”

1. Help develop a reputation of good sportsmanship for your team, school, and community.
2. Stimulate desired crowd response using only positive cheers, signs and praise without antagonizing or demeaning opponents.
3. Treat visiting cheerleaders and fans with respect.
4. Give encouragement to your team and try to recognize outstanding performance regardless of team affiliation.
5. Maintain enthusiasm and composure, serving as a role model.

## The acceptable “five”

1. Applaud during introduction of players, coaches, and officials and at the end of the contest for the performance of all participants.
2. Shake hands with participants and coaches at the end of the game.
3. Accept all decisions of the officials.
4. Engage in positive school yells in a respectful manner.
5. Encourage surrounding people to display only sportsmanship conduct.

## The unacceptable “five”

1. Yelling during the opponent’s free throw attempt, in a disrespectful manner, or antagonizing opponents.
2. Booing or heckling an official, coach, player or cheerleader.
3. Refusing to shake hands or give recognition for good performances.
4. Blaming the loss of a game on officials, coaches, or participants.
5. Using profanity or displaying anger that draws attention away from the game.

NCIL would like to acknowledge the Wake County Public School System in Raleigh, North Carolina for allowing us to use ideas and information from their Sportsmanship Brochure. Just another example of cooperation and being a good sport. Thanks again.

# NCIL By-laws

## Article I

### Membership

#### Section 1(a): Membership

Any public or private school within Northern Colorado that maintains organized middle school sports and commits to participating in at least five sports offered (Boys Cross Country, Girls Cross Country, Boys Soccer, Girls Soccer, Boys Basketball, Girls Basketball, Volleyball, Boys Track, Girls Track, Golf, Flag Football) is eligible to become a member of the Northern Colorado Independent League if approved by a majority vote of the League Athletic Directors.

- i. Application for membership must be submitted through the NCIL Membership Form. A formal Letter of Commitment from the applying school's Principal/Director must be submitted to the Board President of the league. Items that shall be included in the commitment letter include: containing the school mission, school philosophy, what sports the applicant school offers, facilities, and school enrollment, etc. Applications are due by November of the even year to be accepted for the next cycle. Schools will not be added to a composite schedule until the beginning of the cycle.
- ii. Application for withdrawal must be made in writing to the Board President of the league.
- iii. Upon acceptance into the league the school will undergo a probation period of one full cycle. The "probation" status will entail, keeping a minimum of 5 sports of participation, having qualified facilities to play in, and comply with basic league rules.
- iv. The application process includes a presentation by the applying Athletic Director at an NCIL meeting no later than December of an even year.

**Section 1(b):** With the payment of annual membership dues to the league, members agree to abide by the By-Laws and sports rules and regulations set forth by the Board of Directors.

#### Section 2(a): Dues

The annual dues shall be fixed by the League Members at the May By-law Review meeting. Dues are payable to the league on or before September 1. Dues shall be mailed to the league treasurer and be postmarked no later than September 1.

**Section 2(b):** A school in arrears for dues shall not be eligible to compete in any contests and will not receive credit towards tournament and tournament placement. Any school in violation of this section may be suspended or placed on probation by the Board of Directors.

**Section 2(c):** Annually, the NCIL account balance rollover should be around \$3,000.00. If the balance falls below this number, dues may need to be increased to cover inflation.

**Section 2(d):** Annually, the executive committee will finalize the NCIL budget to present at the May By-law review meeting.

#### Section 2(e): Approved Stipends \$1,400 (voted on May 2024)

1. A stipend of \$300 will be paid to the league president at the May Activities Committee Meeting
2. A stipend of \$200 will be paid to the league vice president/secretary at the May Activities Committee Meeting
3. A stipend of \$200 will be paid to the treasurer at the May Activities Committee Meeting
4. A stipend of \$50 will be paid to the sport commissioners, with the exception of track and field and cross country, for each sport (x5= \$300)
5. A stipend of \$100 will be paid to the sport commissioner for track per meet
6. A stipend of \$100 will be paid to the sport commissioner for cross country
7. A stipend of \$100 will be paid to the game day manager of the volleyball tournament
8. A stipend of \$100 will be paid to the website manager

#### Section 3(a): Agreement with By-Laws

Each school in joining with the NCIL expressly agrees not to contest the by-laws written herein. Schools that contest the by-laws written herein will be suspended or placed on probation as decided by the Board of Directors.

**Section 3(b):** Schools will be granted one absence from league meetings per year. If a representative is not sent, then schools are subject to a fine payable to the league of \$100 per month until next attendance. Schools already on probation will not be able to participate in league events. Attendance may be via computer/phone.

**Section 3(c):** Schools that are not in compliance with the by-laws will be placed on 1-year probation for the following academic year.

## Article 2

### Officers

**Section 1:** The officers of the league shall be a president, a vice-president/secretary, and a treasurer.

- a. The duties of the President shall include but not be limited to presiding over regular and special meetings, arranging official assigners, developing meeting agendas, ordering awards for tournaments, and entertaining public relation inquiries.
- b. The duties of the Vice-President/Secretary shall include but not be limited to preparing meeting minutes, corresponding with league members, tracking schools participation in sports offered, and tracking attendance of schools at monthly meetings.
- c. The duties of the Treasurer shall include but not be limited to maintaining league monies, presenting balance sheets at monthly meetings, and preparing checks.

**Section 2:** Should a vacancy occur in the office of the president, the vice-president shall succeed him/her. Shall a vacancy occur in other offices, the Board of Directors shall appoint a successor.

**Section 3:** Officers of the league shall be elected for a one-year term.

**Section 4:** Election of officers shall be made by a simple majority vote in the May monthly meeting.

- a. The Vice-President/Secretary shall move to the seat of President, if they want.
- b. All other positions will be elected by majority vote.

### **Section 5: Commissioners:**

- a. Each sport will be assigned a Commissioner at the May Meeting.
- b. Commissioners are responsible for keeping track of standings and reporting to the Athletic Directors, making schedules and organizing tournaments.

### **Section 6: Athletic Directors**

- a. Attend and supervise all home games or send a competent representative: If the AD is not able to attend a home competition or is coaching the home competition, a competent adult representative, who is not a parent of a competing player, must be designated to be the "Acting Athletic Director"
  - i. Greet and direct the visiting team, attend to injuries, deal with conflicts, and ensure good sportsmanship among teams and spectators.
  - ii. If host site is not your school, ensure the venue is safe by physical inspection (secure soccer goals, check field for broken glass, etc)
- b. Confirm with the opponent's AD and referees about day, time and location by phone or email, or both within 7 days of contest.
- c. Despite location of the game, the scheduled home team is responsible to secure referees and handle referee payments AD's can pay officials at the time of the game by check, cash, or Arbiter. ADs may also have officials fill out paperwork and send the payment by mail.
  - i. Soccer- find and hire referees: should not exceed \$85 for 1 /\$60 for 2/ \$30 for 3
  - ii. Volleyball: \$45 per game.
  - iii. Basketball: \$45 per game.
  - iv. Each school pays playoff referees and emails the treasurer with an invoice to be reimbursed by the league
- d. Secure qualified individual to operate time clock and keep official stats
  - i. Volleyball only-secure competent line judges for each match as outlined in the rules.
  - ii. Volleyball Assignor: Bruce Bird; [bruce.bird@csor.info](mailto:bruce.bird@csor.info)
  - iii. Basketball Assignor: Lloyd Martinez; [lloydmartinez1979@msn.com](mailto:lloydmartinez1979@msn.com); 720-438-1047
  - iv. Soccer Assignor: Done per game by Gerald [aleto38676@aol.com](mailto:aleto38676@aol.com)
- e. Notify the assignor of any changes in location, time, number of games, etc.
- f. Home team reports the score of the game no later than noon the following school day.

## **2024-2025 Officers/Commissioners**

- President: Whitney Grace
- Vice President / Secretary: Jolene Manternach
- Treasurer: Matt Begeman
- Volleyball Commissioner: Jolene Manternach
- Boys/Girls Basketball Commissioner: Alex Rump
- Boys/Girls Soccer Commissioner: Chris West
- Track Commissioner: Whitney Grace
- Cross Country Commissioner: Joe Packard
- Golf Commissioner: Alex Rump
- Flag Football Commissioner: Chris West

## **Article 3**

### **Meetings of Members**

#### **Section 1: Monthly Meetings**

The monthly meetings of the members of the NCIL will be held on the second Tuesday of each month at 9:00 am.. The location of the monthly meetings for the entire calendar year will be decided during the monthly meeting in August.

August 12th - in person at Ridgeview Classical Schools

September 9th - virtual

October 14th - in person

November 11th - in person

December - no meeting

February 10th - virtual

January 13th - in person

March 3rd - virtual for track

April 14th - in person

May 12th - in person Bylaw meeting (all day)

#### **Section 2: Special Meetings**

Special Meetings may be called by the Board of Directors at any time.

#### **Section 3(a): Attendance at Meetings**

Regular attendance at monthly meetings of the Board of Directors is required.

- Each member school is allowed one “unexcused” absence from monthly meetings. Prior written notice must be received by the league secretary two days prior to the scheduled monthly meeting to receive an “excused” absence.
- A school representative must attend the monthly meeting in place of the regular member.

#### **Section 3(b): Absences**

Absences whether “excused” or “unexcused” must not exceed more than two per school year.

#### **Section 3(c): Penalty for Irregular Attendance**

- A letter written by the President will be sent to the school’s principal/administration
- A copy of the letter will be provided for the school’s athletic director
- The school will be charged a \$100.00 fine per month and schools cannot participate in league sanctioned events until paid
- The Treasurer will send an invoice to the respective school
- If progress of growth as a member school is not evident, a separation of membership will be mandated

## **Article 4**

### **Powers and Duties of the Board of Directors (President, Vice President/Secretary, Treasurer)**

### **Section 1: Powers of the Board of Directors**

- a. It shall have general control over all activities and contests between schools which are members of this league.
- b. It shall have authority to give interpretations of the rules of the league.
- c. It shall determine penalties for violations when they are not otherwise expressly provided.
- d. It shall have the power to make investigations relative to the violation of the rules of the league.

## **Article 5**

### **Rules and Regulations**

#### **Section 1: Score Reporting**

Contest/match scores are required to be reported by home team on the league website no later than noon on the following school day unless otherwise arranged.

#### **Section 2: Scoring at Contests**

The home team is required to secure qualified individuals to operate the time clock and keep official statistics.

#### **Section 3: Uniforms-** Each school is required to have uniforms for athletes to wear during contests/matches.

- a. Uniforms need not to be a different style for each sport. (Volleyball jerseys may also be used in basketball.)
- b. For basketball, home teams should wear a white or light colored jersey unless prior arrangements have been made with the opposing team. For soccer, home teams should wear dark colored jerseys unless prior arrangements have been made with the opposing team.
- c. Uniforms must have numbers on the back that are visible and readable by the officials.
- d. Jerseys must be tucked in at all times.
- e. Track and Field and Cross Country uniforms do not have any specifications.

## **Article 6**

### **Sportsmanship**

#### **Section 1: Philosophy**

Sports are an important aspect of the total education process in school. They provide an arena for participants to grow, to excel, to understand, and to value the concepts of sportsmanship and teamwork. They are an opportunity for coaches and school staff to teach and model sportsmanship and to build school pride; this ultimately translates into improved academic performance.

#### **Section 2: General Regulations**

Sportsmanship is a general way of thinking and behaving. The following sportsmanship items are listed below for clarification.

- a. Be courteous to all. (participants, coaches, officials, staff, and fans)
- b. Know the rules, abide by, and respect the official's decisions
- c. Win with character and lose with dignity.
- d. Display appreciation for good performance regardless of the team.
- e. Exercise good self-control and reflect positively upon yourself, team, and school.
- f. Permit only positive sportsmanlike behavior to reflect on your school and its sports.

#### **Section 3(a): Enforcement Policy**

- i. It is encouraged and recommended by the Northern Colorado Independent League that all schools adopt these regulations and reinforce them as indicated herein.
- ii. The Board of Directors shall be responsible for the interpretation of these regulations, including "desirable and unacceptable behavior".

#### **Section 3(b): Enforcement Procedures**

- i. In the event a player is ejected from a contest/match for unsportsmanlike behavior, the player shall be disqualified for the remainder of that contest/match and the player shall be suspended from competition for the next regularly scheduled match/contest.
  - a. The player may not take part in any other contests at any level during this time.
  - b. A school may not schedule a contest/match after an ejection in order to circumvent the penalty.

- ii. In the event a coach is ejected from a contest/match for unsportsmanlike behavior:
  - a. The coach will be required to immediately leave the premises.
  - b. The coach shall be automatically placed on probation for a length of time decided by the Board of Directors.
  - c. The Assistant Coach may take over coaching responsibilities for the remainder of the game. In the event an Assistant Coach is not available, the Athletic Director or assigned administrator can step in or the game will be declared a forfeit.
- iii. Penalties for the ejected coach cannot participate or attend the following scheduled game.
  - a. If a coach is ejected for unsportsmanlike behavior more than twice in a season, the coach will not be allowed to coach.
  - b. Report of a coach's unsportsmanlike behavior to the NCIL Board will be referred back to the Athletic Director and Administration of the specific school to be dealt with.
  - c. These policies and enforcement procedures are required by the NCIL. Schools may choose to enforce more harsh penalties if they so desire.
- iv. The athletic director of the respective school must immediately report to the league the names and circumstances involving the parent/players/coaches ejected.
- v. In the event a parent is ejected from a contest/match for unsportsmanlike behavior.
  - a. The parent will be required to immediately leave the premises.
  - b. The parent/coach/player must complete the NFHS Sportsmanship course to return to event attendance.
  - c. The parent shall be automatically placed on probation for a length of time decided by the Board of Directors.

## **Article 7**

### **Amendments**

**Section 1:** Proposed amendments to the by-laws must be submitted in writing to the president at least twenty (20) days prior to a monthly meeting.

**Section 2:** By-Laws for this league may be adopted, amended, or repealed at any regular meeting by a majority vote.